### North Texas Perinatal Associates, P.A.

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North Texas Perinatal Associates, P.A. (NTPA) is the largest private Maternal-Fetal Medicine group in north Texas with seven conveniently located AIUM accredited offices in the Dallas/Ft. Worth region. Our board certified physicians provide outpatient, office-based high-risk pregnancy care as well as inpatient antepartum consultative care. They can also assist you with arranging maternal transfer services.

# **Locations**

### NTPA - Dallas at Forest Ln.

Medical City Dallas 7777 Forest Lane, Building D, Ste D-565 Dallas, TX 75230 PH: 972-385-9339

### NTPA - Flower Mound

Texas Health Presbyterian Hospital 4370 Medical Arts Drive, Ste 365 Flower Mound, TX 75028 PH: 469-528-6820

### NTPA - Lewisville

Medical City Lewisville 500 W. Main Street, Ste 250 Lewisville, TX 75057 PH: 972-219-2253

### NTPA - Frisco

5899 Preston Road Building 13, Ste 1302 Frisco, TX 75034 PH: 469-308-4465

### NTPA - South Arlington

Medical City of Arlington 515 W. Mayfield Road, Ste 302 Arlington, TX 76014 PH: 817-375-1229

#### NTPA - Las Colinas

Medical City Las Colinas 6750 N. MacArthur Blvd., Ste 301 Irving, TX 75039 PH: 972-409-0050

### NTPA - Plano at Coit Rd.

Medical City Plano 1600 Coit Road, Ste 307 Plano, TX 75075 PH: 972-519-1328

# Committed To Turning High-Risk Pregnancies Into Low-Risk Deliveries









## Welcome to North Texas Perinatal Associates, P.A.!

# Your OB provider referred you to us.

We are a Maternal-Fetal Medicine practice specializing in high-risk pregnancies.
We provide the following services:

### **Maternal-Fetal Medicine Services**

- Preconception counseling
- High-Resolution, targeted ultrasonography
- Fetal echocardiography
- Fetal well-being assessment
- Co-Management of multiple gestations
- Co-Management of preterm labor
- Co-Management of other maternal medical conditions during pregnancy including, but not limited to: diabetes, hypertension, autoimmune disorders, thyroid and thrombophilia

### **Procedures**

- Transabdominal Chorionic Villus Sampling
- Diagnostic and/or Therapeutic Amniocentesis
- Percutaneous Umbilical Blood Sampling
- Intrauterine Fetal Transfusion
- Transvaginal and Transabdominal Cerclage

### **Genetic Screening and Testing**

- First Trimester Nuchal Translucency/Nasal Bone and/ or Sequential Screening
- Cell Free Fetal DNA Screening
- Genetic Counseling and Genetic Carrier Screening

### **Obstetric Ultrasound**

### What is an ultrasound?

An ultrasound, also known as a sonogram, uses sound waves rather than radiation to make images of your baby. The images are then displayed on a monitor in real time for the doctor or technician to view. A scanning instrument (a hand-held device called a transducer) is used to generate the images.

# Why do I need an obstetric ultrasound examination?

Every pregnancy carries a 3-5% risk of having a birth defect. This is an important reason to have a detailed obstetric ultrasound. Other common reasons for having an ultrasound are to determine when your baby is due, to evaluate your baby's growth and well-being and to check the baby's position. Ultra-sound may also be done to confirm the number of babies you are carrying or to evaluate your uterus, ovaries or cervix.

### Who will perform the ultrasound?

Your ultrasound will be performed by one of our MFM doctors. In some offices, our perinatal sonographers will perform your initial ultrasound prior to you being seen by one of our MFM doctors. The sonographers are specially trained and certified by the by American Registry of Diagnostic Medical Sonographers (ARDMS).

# What are the limitations of this examination?

Although many common birth defects can be detected, not all birth defects or genetic disorders can be seen on the ultrasound. We use state-of-the-art ultrasound equipment, but the baby's position and maternal weight may affect ultrasound examination quality.

You will continue to see your OB provider for your prenatal care so please contact them first for any concerns regarding your pregnancy.



### **Patient Instructions**

- Visit our website at www.ntperi.com, click on "Patient Packet" under "Helpful Links" and print the patient forms. Please fill out these forms and bring them with you to your appointment.
- Please arrive 15 minutes prior to your appointment time in order to complete the registration process and still be on time for your appointment.
- Always bring a valid photo ID and, if you are insured, a current insurance verification card. If you do not bring your insurance card, you will be asked to pay for your visit at the time of care.
- If you are less than 24 weeks pregnant, please come with a full bladder.
- Please listen carefully to your patient appointment reminder to determine if the office you will be visiting has guidelines regarding minors at appointments.
- In order to preserve the privacy and dignity of our patients, staff, and visitors, and to allow for absolute concentration by the sonographers and physicians evaluating and managing your care, we prohibit the use of photography and video recordings during the ultrasound and medical exam.